

First Aid



Learn how to help people and possibly save a life!

8 hours **Face-to-Face Training** (plus pre-reading) **\$110**

Units Covered:

- HLTAID003 Apply First Aid (valid for 3 years)
- HLTAID001 Provide Cardiopulmonary Resuscitation (valid for 12 months)

By completing this course you will learn how to provide first aid, life support, and manage an incident and other first aiders, until the arrival of medical or other assistance.

We cover many areas such as, but not limited to, the following:

- Assessment / evaluation of an emergency situation
- Assessment of a casualty's vital signs
- Management of an unconscious casualty
- Cardiopulmonary resuscitation (CPR)
- Coordination of first aid activities until arrival of medical/emergency assistance
- Automated external defibrillator (AED)
- Incident communication and documentation
- Legal and social responsibilities of a first aider
- Medical conditions, including cardiac conditions, epilepsy, diabetes, asthma and others
- Respiratory conditions
- Abdominal injuries
- Allergic reactions
- Bleeding & burns
- Choking/airway obstruction
- Sprains, strains, fractures and dislocations
- Snake, spider, insect and marine bites
- Hypothermia, hyperthermia, dehydration, and heat stroke
- Poisoning and toxic substances
- Stroke

Head Office

Level 2, 62 Little Latrobe Street,
Melbourne, VIC, 3000

Sydney Office

Australia Square
Level 3, 264 George Street
Sydney, New South Wales, 2000

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International Direct Lines

[Phone] +61 3 9620 4200 [Fax] +61 3 9629 2280

*We can train at your venue. On-site available for group bookings, in Australia or Internationally.

If you work in the children's services industry we also have a customised course which includes HLTAID004 Provide First Aid Response in an Education and Care Setting.

Prior to commencing the course, we will provide you with some pre-reading resources to increase your learning opportunities. This delivery method suits those who are familiar with first aid or may have done the course previously. If you are new to first aid, a 2 day course option is available and may be more suitable.

Please visit our website for more information and more training opportunities.



Other Short Courses

CRICOS Provider Code 02961A

National Provider Code 21340



CPR Refresher 4 hours \$50

HLTAID001 Provide Cardiopulmonary Resuscitation (valid for 12 months)

Covers the management of an unconscious breathing person and unconscious non-breathing person. This course is designed for participants to acquire competency in performing cardiopulmonary resuscitation (CPR). The knowledge and skills learned in this course will enable participants to sustain life and minimise negative health consequences until professional medical help arrives.

Annual cardiopulmonary resuscitation (CPR) refresher is recommended.

Duration, Delivery Method & Attendance

All first aid courses are delivered via face-to-face classes. We do not provide distance or full online learning options as we value real face-to-face training methodologies.

Location for Delivery

These courses may be delivered at Ground Floor, 333 Flinders Lane, 62-64 Little Latrobe Street, 9 Tuscan Court in Thomastown or at a number of other hired venues across Melbourne. We can also come to your workplace if you have a minimum of 10 people.

Assessment

The assessment of these short courses includes: written questions, oral questioning, and observation of skills by an assessor generally in a workplace or simulated classroom environment. Assessments may be adjusted to meet individual needs within the course rules.

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